

update

Governor's Advisory Council on Aging



SUMMER 2004

Aging 2020 Plan Report

Arizona is faced with twin challenges when it comes to addressing the needs of senior citizens. First, today's seniors may need community resources in order to live active lives as long as is possible and services and support to assist when health problems become a challenge.

Second, even as we focus our energies on today's over 60 population, we need to be cognizant of the significant changes that are on the horizon. In just seven years, the first of the "Baby Boomer" generation will reach 65 years of age. With the significant demographic changes brought by the aging of this generation will come an array of opportunities and challenges to our civic life ... and we need to be ready. Within two decades, one of every four Arizonans will be over 60 years of age.

Toward that end, in March, Governor Janet Napolitano issued an Executive Order calling on Arizona's state agencies to begin planning now for the very different world we will encounter in just a few years. Twelve state departments are participating and the Attorney General's Office has volunteered to be part of the process. Each department has a lead staff person researching and gathering information to develop draft recommendations in response to a set of questions given to them.

To begin the planning process, Governor Napolitano held the Aging 2020 Summit at the Governor's Conference on Aging in May. The Summit gave the Conference participants an opportunity to voice their

thoughts about what should be included in the Aging 2020 plan. Department Directors from the Departments of Health Services, Economic Security and AHCCCS started the discussion by providing an overview of trends in aging that they are monitoring and to which they are responding. Conference participants then had the unique opportunity to interact with senior staff from various state departments, who led an interactive discussion on the future of Arizona's efforts to assist older persons.

This summer, draft recommendations will be developed by the various state departments. At the end of September, the draft recommendations will be submitted to the Governor's staff for review. The draft will include suggestions that can be completed on a short and long-term basis. Throughout the Fall, the Governor's Office in partnership with the Governor's Advisory Council on Aging will travel across the state to obtain citizens' input. After receiving public comments, it is anticipated a final plan will be presented for the Governor's consideration in early 2005.

inside this issue

- 1 **Aging 2020 Plan Report**
 - 2 **Council Corner**
 - 2 **Update on Long Term Care Workgroups**
 - 3 **Older Workers Awareness Day**
 - 5 **Arizona Caregiver Town Hall Report**
 - 5 **New Laws Affecting Older Adults**
 - 6 **2004 Anne Lindeman Memorial Scholarship**
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COUNCIL O R N E R



In the past six months, Governor Napolitano has appointed six representatives to the Governor's Advisory Council on Aging. They hail from all parts of the state. Their backgrounds are

diverse but they share a similar vision—to enhance the quality of life for older adults. In this issue, we are highlighting three of the six new members. The Fall issue of the *Update* will feature June Kellet, Marlene Elizabeth Sekaquaptewa and Gene Westerhaus.

Mary Lou Brockert

Mary Lou Brockert, a lifelong Arizonan, was born in Miami, Arizona. As the Globe Senior Citizens Director, she has been working with Pinal-Gila Council for Senior Citizens in providing senior citizens with a social environment, congregate meals, homebound meals, transportation and other services. For thirty-five years, Mary Lou has been an active member of the Pinal Mountain Emblem Club #554, an organization that performs community services benefiting youth. Mary Lou is married with four children. She says, "My job with the Globe Senior Citizens Center has been very gratifying, and I hope to continue to make a difference."

Eileen Fellner

A political activist since her teens in Brooklyn, New York and an Arizona resident since 1971, Eileen

became totally immersed in politics after retiring from her career in advertising as a copywriter and copy director. She ran for State Legislature unsuccessfully in a one-sided East Valley district, but found other ways to make a difference. In 2000, Eileen was elected to the Arizona Silver Haired Legislature where she continues to serve. Concerning aging, one of her lifetime goals was to ski free, a perk granted to skiers seventy years and older. She reports that she has been skiing free for two years! Eileen and her husband have six children and eleven grandchildren.

Ken Moore

Ken Moore retired in 1993 from the position of International Vice President and Director of the Bus Department of the United Transportation Union, which he held for 23 of his 30-year career. Ken makes his home in Sun Lakes. Since retiring, Ken has been actively engaged in many state and local arenas. A few of his activities include Vice President, Arizona National Council of Senior Citizens; volunteer teacher at St. Peters Indian Mission School; Board Member, Maricopa County Sun Lakes Sheriffs Posse; Speaker, the Arizona Silver Haired Legislature; President; Retirees Union Club of East Central AZ; Member of the Native American Seniors Association, and past President of the Kiwanis Club of Sun Lakes. Ken states, "I have been active in my community all my life and I have worked for issues that are important to our families and our country."

Update on Long Term Care Workgroups

"Summertime and the living is easy..."

.... Unless you are a member of one of the two public/private partnerships working on long term care issues.

The **Citizens Work Group on the Long Term Care Workforce** was created by Governor Janet Napolitano to fashion a plan to address the critical need for well-trained paraprofessional caregivers. Co-chaired by Kathleen Pagels, Arizona Health Care Association and Richard White, Arizona Interfaith Network, the Work Group has been focusing their efforts on three important areas: Data, Standardization and Training, and Best Practices. The Work Group is planning to develop an initial plan of action for the Governor by December.

The purpose of the **Interagency Council on Long Term Care** is "to help the state achieve a coordinated long-term care services delivery system." Toward that end, the Council is developing a Long-Term Care Model that can be used to measure the current system as well as explore new ideas. There are six committees focusing on the components of the Model: Determining and Coordinating Needs, Service, Preparation and Prevention, Workforce, Finance Infrastructure, and Quality and Regulation. When finished with a draft of the model this Fall, the Council will solicit public input before finalizing the plan.

Arizona Caregiving Town Hall Report

Nearly one hundred professional and informal caregivers gathered on June 24, 2004 at Beatitudes Campus of Care in Phoenix for the Arizona Caregiving Town Hall. During a three-hour meeting, participants discussed their concerns about caregiving and ways to improve the quality of life for the care receiver and the caregiver. Topics covered were stress, respite care, end of life issues, and the role of government and business in supporting caregivers. The latter is especially important because one in every four families provide care to family members or friends.

Susan Levine and Gillian Hamilton, MD, from Hospice of the Valley, Peggy Mullan, CEO of Beatitudes and twelve other experts provided information and participated in the discussions. Dale Bell, producer of *"And Thou Shalt Honor"*, a PBS special on Caregiving in America, videotaped the Town Hall for viewing on KAET [Channel 8] in early September. At the end of the televised show, program viewers will be able to call in for information that will help them in their caregiving activities. Watch your television guide for the exact date and time.

New Laws Affecting Older Adults

The 46th Second Legislative Session adjourned on Wednesday, May 26, 2004. The Legislature adopted and sent to Governor Napolitano a series of budget bills that she signed into law on May 28, 2004. SB 1402 and SB 1404 were the appropriation bills that contained the budgets for the Department of Economic Security. For Aging and Community Services, they received the \$532,500 supplemental to cover a funding shortfall. The Legislature then added that amount to the 2005 Fiscal Year budget. They also received an increase in state match for Older American's Act funding of \$76,900 that will bring in more than \$800,000 in federal matching funds.

Below is a list of bills that may affect older adults. After the Governor signs a bill into law, the Secretary of State assigns each new law a chapter number in the session laws of a legislative session.

(Chapter 94) **HB2368, homestead exemption; increase** — raises the homestead exemption from \$100,000 to \$150,000.

(Chapter 121) **HB2256, certified nursing assistants; pilot program** — allows the state board of nursing to establish a pilot program to determine the impact to patient health and safety of allowing

nursing assistants to administer medications under conditions prescribed in the bill.

(Chapter 123) **HB2345, nutrition; feeding assistants; training programs** — gives DHS the authority to prescribe standards for training programs for nutrition and feeding assistants.

(Chapter 219) **HB2172, health care directives; registry** — gives the Secretary of State the authority to establish and maintain a registry on health care powers of attorney, living wills, and mental health care powers of attorney.

(Chapter 222) **HB2317, landlord tenant; domestic violence** — provides additional legal remedies regarding rental agreements, retaliatory actions by a landlord and termination notices to persons who are victims of domestic violence.

(Chapter 225) **SB1167, AHCCCS; trusts** — makes various changes to the laws regarding trusts in determining AHCCCS eligibility.

(Chapter 251) **HB2440, unemployment insurance** — makes numerous changes to the unemployment insurance act including a maximum weekly benefit payment increase from \$205 to \$240. Also prohibits the state from reducing unemployment insurance payments due to the receipt of Social Security.



The Governor's Advisory Council on Aging presents

OLDER WORKERS AWARENESS DAY

September 16, 2004 • North Phoenix Baptist Church, Phoenix, Arizona

See details on insert with this newsletter, or call 602-542-4710 for a further information

2004 Anne Lindeman Memorial Scholarship

The Governor's Advisory Council on Aging, in partnership with Southwest Student Services, created the **Anne Lindeman Memorial Scholarship** to honor Anne's service to the State of Arizona and to serve as a tribute to her advocacy efforts to improve education and aging. Three \$1000 scholarships are awarded yearly to college students pursuing a program of study in Education, Social Sciences (e.g., Social Work, Gerontology), or Health Sciences (e.g., Nursing, Biology).

This year 116 students submitted applications for the Scholarship, a 37% increase in submissions over 2003. The Scholarship Selection Committee, consisting of Kris Lindeman, Anne Lindeman's son,

Scott Hergenroether, attorney with Kendhammer, Colburn, Hergenroether, LLP, and Linda Walker, Community Outreach Representative, Southwest Student Services Corporation, chose the finalists.

The three recipients are: **Amanda Trujillo**, a senior at Northern Arizona University, studying Nursing and specializing in the area of Critical Care. Ms. Trujillo will graduate December 2004. **Olga Tovar**, a junior at Arizona State University-West, is studying Elementary Education with a Bilingual Education Endorsement, and will graduate May 2005. **Frida Espinosa**, a senior at University of Arizona, is studying Social Sciences through the Arizona International College. Ms. Espinosa will graduate in May 2005.

Governor's Advisory Council on Aging

Jean Wiener, Chairperson, Tucson
Cliff Axt, Gold Canyon
Mary Lou Brockert, Globe
Charles E. Brown, Pearce
Denise Drumm, Ph.D., Scottsdale
Eileen Fellner, Mesa
Daniel Geygan, Yuma
June Kellet, Cordes Lakes
Henry Koffler, Ph.D., Tucson
Kenneth Moore, Sun Lakes
Donna Redman, Ph.D., Phoenix

Marleen Elizabeth Sekaquaptewa, Hotevilla
Judith Tingley, Ph.D., Phoenix
H. E. Gene Westerhaus, Flagstaff
Richard A. White, Mesa

Fred Karnas, Interim Executive Director
Elvera Anselmo, Program Specialist
Shawn Trobia, Program Specialist

Merlynda Villanueva, Administrative Secretary
Sandra White, Administrative Secretary
Zella Haddock, Receptionist

Equal Opportunity Employer/Program
This document is available in alternative formats by contacting 602-542-4710

NLG-007-A (7-04)

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Phoenix, AZ 85005-6123

PRESENTED BY THE



GOVERNOR'S ADVISORY COUNCIL ON AGING

OLDER
WORKERS
SEMINAR!

ARIZONA OLDER WORKERS AWARENESS DAY

September 16, 2004
9:00 a.m. - 3:00 p.m.

FOR
OLDER WORKERS SEEKING WORKPLACE RE-ENTRY,
NEW SKILLS OR FIRST TIME EMPLOYMENT

*Hosted on the Community Campus
at North Phoenix Baptist Church
5757 N. Central Ave.
Phoenix, Arizona*

"Nationwide, every 7 seconds someone turns 50." –U.S. Census Bureau

"Workforce growth will drop by 2 to 3 percent by 2010." –The Arizona Republic

**This Program Can Help You
Prepare for Employment in A Changing Workforce**

**Complete the Registration Form on the other side
and send by Sept. 8th* to attend this FREE seminar!**

Registrations postmarked after Sept. 8th or at the door is \$5 per person.

OLDER WORKERS PROGRAM

- 8:30 Registration (Early Birds Welcome)**
- 9:00 General Session** "Connecting Employers and Older Workers"
- 10:10 Concurrent Sessions - Participants may choose from four separate sessions:**

Basic Track - For individuals seeking work place re-entry, new skills, or help in finding a job for the first time.

- **"Mastering the Art of Interviewing"**

Lisa Lutich, Duffy Group

Review the questions commonly asked and learn appropriate responses. Discover tips on presenting oneself as a positive candidate and asset to an employer.

- **"Employer Expectations"**

Randy Dickason, Catholic Social Services

Assess skills needed for successful employment.

Information about computers, office communications and customer service training will be available.

Advanced Track - This track will help people with a history of steady employment and current skills.

- **"Creating Employment Opportunities With Current Skills"**

George Fleming, Outplacement Consultant

Learn to identify your personal skills and how they can be used in new employment prospects.

- **"Mining For Hidden Jobs"**

Helen Allenson, Maricopa County Workforce Connections

Learn how to better use traditional methods and discover alternatives for finding jobs.

11:10 Break

11:20 Track Rotation – Choose Again

12:30 Older Workers Job Fair / Food Court

Job Fair hosted by Gateway Community College and *The Job Examiner*

2:00 General Session Bonus Round

Life Coaching Workshop

Carlette Patterson, Life Coach

3:00 Conclusion

Registration Information

This program is **FREE if you pre-register**. Pre-registrations must be postmarked by **Wednesday, September 8, 2004**. All registrations postmarked after Sept. 8 or received at the door will be charged the at-the-door rate of \$5.00, and registrants will not be guaranteed program materials.

The Older Workers Job Fair at 12:30 p.m. is FREE and open to the public. Lunch choices are available for purchase on site.

Registrations postmarked after Wednesday, September 8, or received at the door are \$5 per person. Make checks or money orders payable to:

The Governor's Advisory Council on Aging.

Send completed Registration Form and payment to:

Arizona Older Workers Awareness Day

Dunlap & Magee Property Management Inc.

4455 E. Camelback Rd., D236

Phoenix, AZ 85018

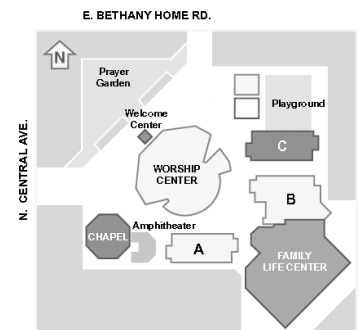
Hosted on the Community Campus at North Phoenix Baptist Church

5757 N. Central Ave.,

Phoenix, Arizona

Free Parking

Registration at the Chapel



For additional information

contact Dunlap & Magee Property Management Inc.,

(602) 952-8881, ext. 34, or olderworkers@dunlap-magee.com

Under the Americans with Disabilities Act (ADA), the Governor's Advisory Council on Aging must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. For example, this means that if necessary, the Council must provide sign language interpreters for people who are deaf, a wheelchair accessible location, or enlarged print materials. It also means that the Council will take any other reasonable action that allows you to take part in and understand a program or activity, including making reasonable changes to an activity. If you believe that you will not be able to understand or take part in a program or activity because of your disability, please let us know of your disability needs in advance if at all possible. This document is available in alternative formats by calling 602-542-4710.

CUT HERE

FOR ADDITIONAL REGISTRATION FORMS, PHOTOCOPY OR CALL 602-542-4710.

ARIZONA OLDER WORKERS AWARENESS DAY

Registration Form For Older Workers - FREE registration if submitted before Sept. 8

Name _____

Address _____

City _____ State _____ ZIP Code _____

Daytime Phone No. (_____) _____ E-Mail _____

☐ I will be attending, and am registering in advance at no charge. (\$5.00 fee for registrations postmarked after Sept. 8.)

Please complete one registration form per person.

Make checks or money orders payable to: **Governor's Advisory Council on Aging.**

Send registration to: **Arizona Older Workers Awareness Day, Dunlap & Magee Property Management Inc., 4455 E. Camelback Rd., D236, Phoenix, AZ 85018.**